



The Next Level of Performance, LLC

MEconomy

We are living in a crazy time period right now and I am a firm believer in the two C's. Control what you can control! All you hear about on the news is the bad economy, bailout package, stimulus money, etc. Ask yourself the following questions:

- Do I know how the stimulus or bailout package affects me directly?
- What am I doing right now while we wait for the economy to turn around?
- Is it the government's fault that I am where I am in this economy?

If you even attempt to answer those questions in any level of detail, you need to understand what is possible within your span of control. Waiting on the bailout plan (whatever it is) is like playing the lottery with odds that are actually worse.

At the next level of performance we teach our clients to focus on the MEconomy because that is within our control. What we mean is answer this set of questions:

- What am I doing to better my own professional situation?
- Do I have a plan for my own bail out or stimulus plan?
- Do I have a circle of friends that eagerly want to mastermind about taking charge of our careers and utilizing the groups' strengths to pull us through?
- What am I doing for my own personal development?

The bottom line is you need a plan, you need a passion and you need a circle of friends. It is time we took our economy back one person at a time. Everyone has different needs, passions and even pain points. We must act now to figure a way out of this mess. It starts within us and then it matters who is around us. If you don't know what your passion is, we can help you find it. If you look at your circle of friends and you have a lot of squares (people that block your dreams and feed on negativity) then eliminate them from your circle because they can't roll with you.

If you know what your passion is and have a supportive circle, let's start living the life that we know we want and that we are capable of living. It can start today because you can create your own economy if you make up your mind that you are tired of waiting on Washington or local politicians.

The next level can be yours if you control what you can control and spread the MEconomy concept. Take charge of your situation. After all it's your life not the governments.

Make that change and it starts with the person in the mirror.

For more information, please contact us at contact@coachthenextlevel.com or www.coachthenextlevel.com.